



# minerva

WELLNESS



### NUTRITIONAL INFORMATION

Serving Size: 2 Capsules	Servings per Container: 30	Per Serving	%RI*
		10µg (400iu)	200%
Vitamin D3		100mg	125%
Vitamin C		2.2mg	200%
Thiamine (B1)		4.2mg	300%
Riboflavin (B2)		16mg NE	100%
Niacin (B3)		10mg	714%
Vitamin B6		200µg	100%
Folic Acid		25µg	1,000%
Vitamin B12		50µg	100%
Biotin		187.5mg	50%
Magnesium		10mg	100%
Zinc		80µg	200%
Chromium		7,500mg	**
Soybean Sprout Extract eq. to (providing 60mg Soya Isoflavones)			
Sage Leaf Extract eq. to (providing 3.125mg Rosmarinic Acid)		500mg	**
Bacopa Monnieri Extract eq. to (providing 6mg Bacopasides)		300mg	**
Passion Flower Extract eq. to (providing 0.3125mg Flavones)		25mg	**
Live Culture Blend (Lactobacillus Acidophilus, Lactobacillus Rhamnosus, Lactobacillus Plantarum, Bifidobacterium Animalis Lactis)		5 billion CFU†**	

**INGREDIENTS:** Vegetable Capsule, Magnesium Oxide, Bulking Agent (Microcrystalline Cellulose), Soybean Sprout Extract, Sage Leaf Extract, Bacopa Monnieri Extract, Passion Flower Extract, Live Culture Blend (Lactobacillus Acidophilus, Lactobacillus Rhamnosus, Lactobacillus Plantarum, Bifidobacterium Animalis Lactis), Vitamin D3, Vitamin C, Thiamine, Riboflavin, Niacin, Vitamin B6, Folic Acid, Vitamin B12, Biotin, Magnesium, Zinc, Chromium, Soybean Isoflavones, Rosmarinic Acid, Bacopasides, Flavones.

Best Before End: 09/2023  
Batch Number: 2808



**ALLERGENS:** Contains Soybean, Sesame, and other allergens. For full list, see back of bottle.  
**Directions:** Take 2 capsules daily with meals.  
**Caution:** Do not take if pregnant or breastfeeding.  
**Storage:** Store in a cool, dry place.  
**Minerva:** 77-75 Old London Road, London, minerva